

Acknowledgments

The Regulatory Affairs Professionals Society thanks those individuals who have shared their experience and expertise with their colleagues by contributing to this book.

Editors

Monica Meacham, PhD
Associate Director, Regulatory Affairs
ImmunityBio

William K. Sietsema, PhD
Vice President, Global Regulatory Affairs
Caladrius Biosciences

Authors

Anastassios D. Retzios, PhD
President
Bay Clinical R&D Services, LLC

Catherine Lofton-Day
Formerly at Amgen, Inc.

Chris Walker, MSc
Vice President, European R&D, Head of Regulatory
Affairs & UK Sites Head
Amgen, Ltd.

Darin S. Oppenheimer, DRSc
Executive Director Global Regulatory Affairs & Clinical
Safety Devices and Digital Health
Merck & Company

Dave Kern, MBA, RAC
Principal and Founder
K2 Regulatory Consulting

Eric Brass, MD, PhD
Professor Emeritus of Medicine
David Geffen School of Medicine at UCLA

George A. Cusatis, RAC
Associate Director Global Regulatory Affairs & Clinical
Safety Devices and Digital Health
Merck & Company

Jessica L Hale PharmD
Senior Specialist Global Regulatory Affairs & Clinical
Safety Devices and Digital Health
Merck & Company

Jocelyn Jennings, MS, RAC
Senior Director, Regulatory Affairs

John C. Kapeghian, PhD, DAB
President
Preclinical Safety Associates, LL

Kathryn Wekselman PhD
Vice President of Regulatory
MaxCyte, Inc.

Klaus Rose, MD, MS
CEO
klausrose Consulting, Pediatric Drug Development
& More

Margaret A. Hamburg, MD
Former FDA Commissioner

Michael Craig
Principal Consultant (CMC)
Parexel Consulting

Michael J. Vivion, PhD
Principal
ECG Healthcare

Mya Thomae
Regulatory Advisor

Naseem F. Kabir
Director, Global Labeling
Amgen Ltd.

Neal E. Storm, DRSc, MBA, RAC
Director, Global Regulatory Affairs
Amgen Inc.

Pallavi Trevedi, MPH, RAC
Senior Associate
Jeff Yuen and Associates, Inc.

Sharry Arora
Manager

Stephen Antonelli, PhD
Director, Regulatory CMC
Alkermes, Inc.

Suraj Ramachandran, RAC
Director Global Regulatory Affairs & Clinical Safety
Devices and Digital Health
Merck & Company

Susan Capps
Executive Director, Global Value Access & Policy
Amgen Ltd.

Timothy Pang
Senior Director, Informa Pharma Consulting
Informa Intelligence

Tina Soulis, PhD
CEO
Neuroscience Trials Australia

Xinzhao Grace Jiang
Director
Amgen, Inc.

Foreword

This continues to be a remarkable time for science, medicine and public health. The rapid pace of scientific discovery—from the so-called “omics” revolution and synthetic biology, to newly evolving cellular and gene therapies, to advances in technology such as gene-editing, nanotechnology, 3-D printing and, of course, information technology and data science—holds the promise of truly revolutionary new therapies and interventions to prevent, treat and cure disease. Before us is the opportunity to advance human health and well-being in ways not previously understood or even imagined.

But, while translating new discoveries into real-world products can make an enormous difference for individual and population health, the process is a complex and difficult one. It is an activity fraught with challenges, requiring many steps and partners. The painstaking work to develop, test, manufacture and distribute a new medical product successfully requires a vast range of expertise, skills and dedication. Moreover, it demands coordinated work across disciplines, sectors and, increasingly, across nations.

The task is not easy, but this volume provides a wonderful roadmap for those who are part of this extraordinary enterprise seeking to realize the potential of modern medicine and public health through enhanced regulatory science and strategy. Organized around a set of thoughtful, authoritative and well-written chapters, the book lays out the essential elements of an integrated regulatory approach. Written by a group of distinguished authors, each chapter is a clear exposition of an important topic, ranging from the ABCs of regulatory strategy and the whys and wherefores of interacting with regulators, to more technical aspects of the medical product challenge such as preclinical and clinical development, expedited pathways, orphan designation, pediatric products and product formulation, manufacturing and control. Of note, this book takes a systematic approach, spanning the earliest stages of research and development to necessary assessments and modifications in the postmarket period, as well as embracing globalization’s realities for regulatory strategy and systems.

No matter how steeped one is in drug development and regulation, this book can provide both updated information and new insights. And, for those still being initiated into this exciting and essential realm of professional activity, this book can serve as a vital handbook for knowledge and action.

Given the array of unmet medical care and public health needs before us, this is not an academic exercise. There is a pressing responsibility to make sure the opportunities in science and technology today will result in the safe, effective and high-quality medical therapeutics people so hope for and deserve. Every effort must be made to ensure the best possible products are delivered as swiftly and surely as possible, but never forgetting the scientific rigor and regulatory oversight that ultimately determine failure or success.

Margaret A. Hamburg, MD
Former FDA Commissioner